

Terms & Conditions / Disclaimer

Please take time to read this document through carefully

By booking an appointment with me, you are agreeing to my terms and conditions.

You also agree to attend the appointment you have booked.

Please note - I cannot treat if you are taking antibiotics, have had a vaccination in the last 3 days or have a systemic infection at the time of your treatment. Please contact me asap if this is the case.

Appointments

You may make an appointment with me via telephone, email or via my website using the online booking system. Upon making your booking you will receive a consultation form (if it is your first visit) and a confirmation email.

Please complete the online consultation provided and send it back to me asap, as I need this information for insurance purposes and it will also maximise treatment time when you come for your appointment.

Cancellations

Cancellation policy: 24 hours

Please cancel as soon as possible if a foreseeable event is likely to prevent you from attending your appointment. Please telephone to cancel.

Failure to attend and appointment with less than 24 hours notice of cancellation may incur the full charge for the appointment at the therapists discretion.

Late Arrivals

Please arrive for your appointment no more that 5 minutes before it is due to begin as I have no waiting room. I will seek to be ready so that I can let you into the building as soon as you arrive but there may be a short wait outside. If you have health/physical issues that make this challenging, please contact me on making your appointment.

If you are going to be late for your appointment, please text or telephone me as I will be in clinic and unlike to see emails. If you arrive late for your appointment, this, unfortunately will impact the length of your treatment.

Safety and appropriate behaviour

I have the right to terminate a treatment immediately if any client demonstrates inappropriate or sexual behaviour. Payment will be collected for the full treatment price, provided more than 10 minutes has been spent treating the client

Payment

I accept payment in cash and by card and via BACS. I do not accept cheques.

Payment must be made in full on completion of the treatment.

If a client block books a number of sessions, payment must be made in advance.

Clients under 18

Clients under the age of 18 must be accompanied by an adult or the adult has filled in a form to permit treatment.

Clients under the age of 16 cannot be treatment unless a designated adult is present in the room at all times.

The adult must co-sign the client's consultation form

Insurance and Personal Information

I am registered with the FHT and abide by the code of ethics provided by the FHT.

I am fully insured by Balens for Myofascial Release therapy, holistic massage, pregnancy massage and Manual Lymphatic Drainage.

Any information or services available throughout or in connection with my website, or at any treatment given by me, does not constitute medical advice and it is your responsibility to determine, through obtaining appropriate medical advice, that you are fit and well for such treatment. It is not my responsibility to do this for you.

Before commencing any treatment, you should consult your doctor first if appropriate.

It is also vital that you supply me with correct information about yourself (injuries, conditions and current medication) and update me immediately should this information happen to change. I cannot be liable for any incorrect information supplied to me. I try to make sure that all information contained on my website is correct, however I do not accept any liability for any error or omission.

I exclude all liability for any action you take, loss or injury you may suffer (direct or indirect including loss of pay, profit, opportunity or time, pain and suffering, any indirect, consequential or special loss, however arising) as a result of relying on any information on this website or provided through any service supplied by me to you.